

**If our teams haven't yet been to your area, why don't you contact one of these New Start sites?**

# WHAT IS NEW START HIV COUNSELLING AND TESTING?

## MABOPANE

📍 Magoveni Foundation Medical Centre  
Pain Management Clinic  
1st Floor  
Peter Magano Road  
1049, Block C  
☎️ 010 020 1450

## EKURHULENI (GAUTENG)

📍 MegaMart Mall  
Unit 44, Next to Builders  
Warehouse  
Olifantsfontein Road  
Tembisa  
☎️ 010 020 1452

## WITBANK

📍 23 Robertson Street  
Clewer  
Witbank  
☎️ 013 659 7790

## BLOEMFONTEIN

📍 78 Charlotte Maxeke Street  
2nd Floor, Room 203  
Cuthberts Building  
Bloemfontein  
☎️ 051 430 9595



## NELSPRUIT

📍 17 Samora Machel  
4th Floor, Old Mutual Building  
Nelspruit  
☎️ 013 010 1115

## JOHANNESBURG

📍 1 De Villiers Street  
Ground Floor  
Johannesburg  
☎️ 010 020 1451



## What is New Start HIV counselling and Testing?

New Start offers a range of services aimed at the prevention and management of HIV. It can be helpful for those who are HIV positive or negative, as well as those who do not yet know their status. We offer these services at fixed sites, mobile locations, as well as at individuals' homes.

## What are some of the services offered by New Start?



Confidential HIV Counselling and Testing



TB sputum collection for diagnosis and referrals to TB testing centres



CD4 count testing



Free condom distribution



Referrals to medical male circumcision (MMC) and other health facilities and social services, if necessary



Access to our 'Family Matters' program, where we facilitate discussions with caregivers of children aged 9-12 about sexual health matters

## What are the benefits of being tested by New Start?

When you know your HIV status, you are able to plan your life better.

You can be counselled and tested as a family in the comfort of your own home through the New Start home-based services, where you can support each other through the process. This will help you disclose your status to your family and partner. You can also be tested on your own or with your partner.

If you are HIV negative, we will give you the knowledge and tools to ensure you stay HIV negative.

If you are HIV positive, we will help you understand the treatments and options available to you so that you can continue to live a healthy, happy and positive life. We can refer you to the right partners for further treatment. We can also counsel you to prevent transmitting HIV to an HIV negative partner, and assist women with preventing mother-to-child HIV transmission.

All services and test results are confidential.

**FREE**  
**HIV TEST, RESULTS AND**  
**PRIVATE COUNSELLING IN**  
**30mins or more.**



### DID YOU KNOW?

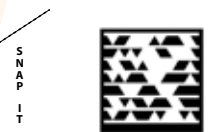
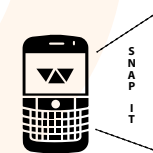


**1** If you are HIV negative, it doesn't mean your partner is HIV negative. It is possible that one person in a sexual relationship can be HIV positive while the other person is HIV negative.

**Therefore the only way you can know your status is to get yourself tested!**

**2** If two people in a sexual relationship both have HIV, it is still important for them to use protection (a male or female condom).

**This is to prevent HIV re-infection, or transmitting a more aggressive strain of the virus than the one that your partner might already have.**



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