

How do I prepare for medical circumcision?

- Men 12 and up are welcome at New Start medical male circumcision clinics, but if you're under 18 years of age, you need parental consent.
- Please be sure to eat before you visit the clinic.
- Clients under the influence of alcohol or drugs will not receive services. Please arrive sober.
- Wear loose fitting pants for greater comfort after the procedure.
- Visit a New Start clinic today or call for an appointment or more information!

**It's Free
& Safe**



**Less risk
of HIV**



Little Pain

2/10

**Less risk of
STIs for her**



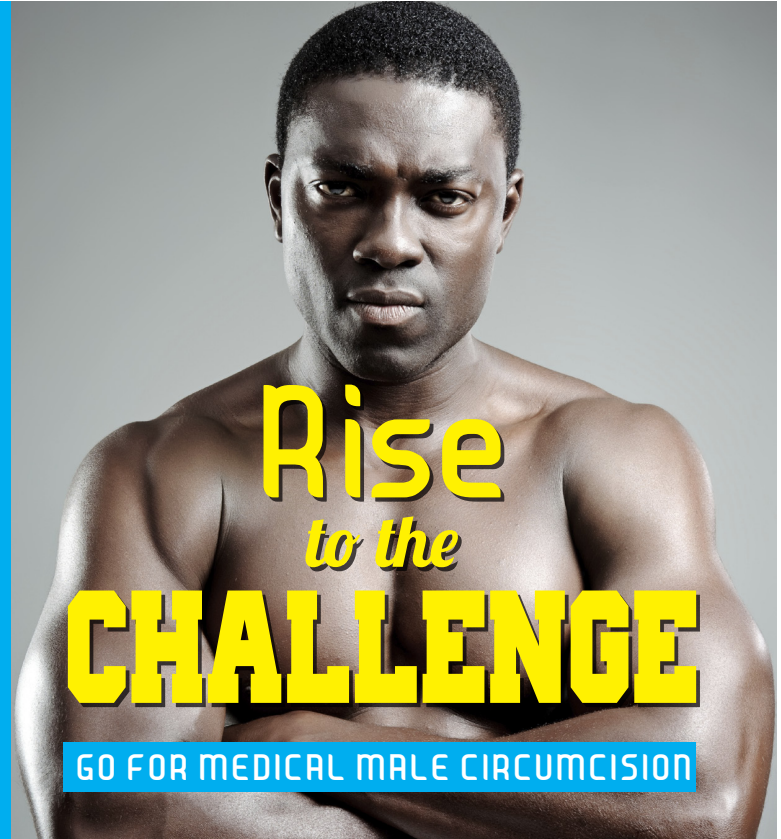
**Can be done
year round**



**Always
Condomise**



Being circumcised doesn't make you 100% protected.
Once healing is complete, make sure you continue to use condoms every time you have sex.



GO FOR MEDICAL CIRCUMCISION.

It's safe. It's free.

There are so many reasons to get circumcised...

1 Be cleaner

- Being circumcised reduces smell and makes it easier to keep your penis clean.

2 Be safer

- Circumcision reduces your risk of getting HIV by 60%.
- Circumcision reduces risk of genital ulcers and other STIs.

3 Be a protector

- Being circumcised reduces your female partner's risk of cervical cancer.
- When you reduce your HIV and STI risk, you reduce your partner's too.

Is there anything to worry about?

There is a little pain, but you can handle it!

The pain will be numbed during the procedure for your comfort, after which most men report no to very mild discomfort for 1 to 2 days.

Good things come to those who wait.

Medical circumcision requires you to wait 6 weeks after the procedure before having sex. Ask your partner to support you – you both win in the end!

A better future starts with knowing your status.

Clients are encouraged to test for HIV before getting circumcised. This not only ensures you are getting the benefit of circumcision, but also lets you plan for a healthier life, no matter the results.

Good healing depends on you, not the season.

You will be given instructions on how to care for your wound and when you should return to the clinic for check-up visits. If there are complications, most are minor and easily treated. No matter if it's winter or summer, the steps to safe healing are always the same!



New Start Medical Male Circumcision Clinics.

New Start Witbank

22 Mandela Avenue
Inside Witbank Hospital
Witbank, 1039
Tel: 013 656 9360
Cell: 083 603 3529

New Start Tsakane

10890 Zulu Street
Tsakane Old Clinic
Tsakane, 1550
Tel: 011 738 5814
Cell: 083 496 6243

New Start Khula Ndoda

Chris Hani Baragwanath
Hospital, 2nd Floor

Out Patients Clinic

Soweto, 1864
Tel: 011 933 0409
Cell: 082 576 5952

New Start Hola Monna

Pelononi Hospital
Isolation Ward 11
Netcare Entrance
121 Dr Belcher Road
Heldedaal, 9300
Tel: 081 771 7581
Cell: 086 066 6621

New Start Umlazi

Ithala Centre
Umlazi W Section

162 Zwe Madiala Drive

Umlazi
Tel: 031 906 6022
Cell: 082 467 5686

New Start Pietermaritzburg

541 Boom Street
Community Health Centre
Pietermaritzburg, 3201
Tel: 033 342 2253
Cell: 083 497 3956

New Start Siyaphila

155 Brickfield Road
Overport, Durban, 4001
Tel: 031 209 3297
Cell: 083 227 5115



SFH

Partners for
a healthier nation